

# THE TAILWIND



## JANUARY DATES

12/22 through 1/6 - Christmas  
Break

1/7 - Classes Resume

1/19 - No School - MLK Holiday

1/26 - Registration Begins for  
Current Families for the 26/27  
school year!

## PLAY IS THE WAY!



## OFFICE STAFF

Trish Morehead, Director  
April Kwan, Asst. Director  
Phone: 972-396-7575

## REMINDERS

As the weather is  
starting to turn  
cooler, please check the  
extra clothes in your  
child's backpack and  
switch them out for  
warmer gear.

## CHAPEL

Epiphany  
Boy Jesus  
John the Baptist

## THANK YOU!

A huge thank you to everyone who participated in our first annual  
Gingerbread Family Christmas! We had so much fun!  
Thank you to Ms. Liz for directing the performance!



## January Music and Yoga Songs

From Ms. Liz

\*these songs can be found on Apple Music, Spotify, and YouTube Music

### Toddler and 2s

Welcome to Yoga (Kimberly Redd)

Hello! (Super Simple Songs)

Baby Shark (The Learning Station)

Shake My Sillies Out (Raffi)

Put Your Hands in the Air (Toddler Tunes)

Tap Your Sticks (Children's Music Express)

Open Shut Them (Dance 'n Beats)

Goodbye, Goodbye (Nancy Kopman)

### 3s, 4s, TK, K

Welcome to Yoga (Kimberly Redd)

Put Your Hands in the Air (Toddler Tunes)

Do the Jellyfish (Kimberly Redd)



The Yoga Freeze Dance (Yoga Guppy)

Tap Your Sticks (Children's Music Express)

Goodbye Song (Miss Linky)

poses: eagle, butterfly, down dog, bridge, tiger, turtle, child's pose



The Allen Early Childhood PTA would love to invite parents and caregivers to join us for our January Monthly Meeting in Fellowship Hall.  Date: Tomorrow, January 8th  Time: • 9:30 AM – Meet & Greet with refreshments • 10:00 AM – Brief business meeting • 10:15 AM – Guest presentation • 11:30 AM – Meeting concludes We are excited to welcome Brooke Long, Allen ISD Speech and Language Pathologist, who will present on: • Key developmental milestones in early childhood • Speech and language services available through Allen ISD Childcare is provided for children 6 months and older. Please stop by—we would love to meet you, connect, and answer any questions you may have. We hope you can join us! February's Meeting will be Thursday, February 5th @ 9:30 in Fellowship Hall. Yoga instructor, Jodie Avery, will be leading a yoga class for all ages and abilities.

# FUMC ALLEN NEWS



**Save The Date**  
**Vacation**  
**Bible**  
**School**  
**June 22-26 2026**

First  
United  
Methodist  
Church  
Allen



First  
United  
Methodist  
Church  
Allen